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|---------------------|---|----------------|---|
| Code | 10002 | | |
| Class name | Basic seminar I (Sports Health and Welfare Major) | | |
| Semester | 1st | Lecture target | 1 |
| Unit Classification | Compulsory | Unit count | 1 |
| Charge teacher | R.Okano, M.Nishimura, T.Kuniki, Y.Okazaki | | |
| Category | Basic educational subjects | | |
| Class style | Lecture | | |
| Class time | Mon/1 | | |
| NO. | Aa11001z | | |

Professional career-experienced

- a course taught by a teacher with practical experience

On practical contents related to class

Languag

- using languages other than Japanese

Active learning elements

- problem-solving-learning in cooperation with external organizations based on agreements
- discussion,debate
- group work
- presentation
- practical training,fieldwork

Class outline,goal

In this class, the purpose is to acquire academic skills.

Class plan

1. Introduction
- 2.Think about the significance of studying at university
- 3.What are academic skills
- 4.How to take lesson notes①
- 5.How to take lesson notes②
- 6.Basics of information gathering
- 7.Reading a book①
- 8.Reading a book②
- 9.Reading a book③
- 10.Summarize your impressions and reports①
- 11.Summarize your impressions and reports②
- 12.Summarize your impressions and reports③

13.Summarize your impressions and reports④

14.Summarize your impressions and reports⑤

15.General overview

No regular test

Grading method

- Can describe future dreams and the significance of studying at university
- You can take notes according to the characteristics of the lesson
- You can collect the necessary information at the library
- Can read books critically
- You can express your own opinion based on the opinions of others

Assigned books

An introduction to academic skills that activate university learning, N.Ito,S.Nakashima

Classroom equipment

- PC
- projector

Advice on preparation and review

- preparation : Read about the content related to the lesson theme (About 15 minutes)
- review : Review handouts and lesson content (About 15 minutes)

Class rules

• Since there are opportunities for participants to exchange opinions, create materials, and make presentations, take a cooperative stance.

Grading Criteria

Your overall grade in the class will be decided based on the following:

- knowledge : 40%
- Thinking power : 30%
- Independence / cooperativity : 30%

Feedback method

The submitted assignment will be corrected and returned.

Note

Let's actively exchange opinions with other people

Office hour

Check the bulletin board as the time varies depending on the instructor.

Improvements from the results of the previous year's class evaluation questionnaire

Questionnaire not conducted because it is a seminar course