

Code	10300		
Class name	Anatomy		
Semester	1st	Lecture target	1
Unit Classification	Elective	Unit count	2
Charge teacher	Takahiro Igawa		
Category	Professional education subjects		
Class style	Lecture		
Class time	Mon/4		
NO.	Cb12144w、 Cd12161w		

Professional career-experienced <input checked="" type="checkbox"/> a course taught by a teacher with practical experience On practical contents related to class Based on my work experience as an athletic training room staff, in anatomy, I will lecture on the structure and function of muscles, bones, and joints involved in exercise.
Languag <input type="checkbox"/> using languages other than Japanese
Active learning elements <input type="checkbox"/> problem-solving-learning in cooperation with external organizations based on agreements <input checked="" type="checkbox"/> discussion,debate <input type="checkbox"/> group work <input type="checkbox"/> presentation <input type="checkbox"/> practical training,fieldwork

Class outline,goal
<ul style="list-style-type: none"> · Understand the structural features of the human body, focusing on the musculoskeletal organs such as bones, joints, and muscles that are involved in exercise. · Deepen understanding of sports injuries caused by human movement characteristics and structural causes
Class plan

1.orientation 2.Skeletal muscle 3.Joint structure 4.Basic terms of functional anatomy 5.Ankle joint 6.Knee joint 7.Hip joint 8.Summary of lower limbs 9.Shoulder joint 10.Elbow joint 11.Wrist joint 12.Summary of upper limbs 13.Trunk 14.Sports injury 15.Summary
Grading method
final exam
Assigned books
Prepare handouts.
Classroom equipment
Prepare handouts.
Advice on preparation and review
Check the syllabus and review the preparation.
Class rules
The sixth and subsequent absence is not permitted.
Grading Criteria
Your overall grade in the class will be decided based on the following: - Short reports: 50% - Term-end examination: 50%
Feedback method
The faculty member will correct the report.
Note

Students who are interested in teaching sports, such as training instructors and physical education teachers, should take this class.

Office hour

Tuesday 1 st period

Improvements from the results of the previous year's class evaluation questionnaire

Nothing