

Code	10343		
Class name	Human growth and development		
Semester	2nd	Lecture target	2
Unit Classification	Elective	Unit count	2
Charge teacher	Takahiro Igawa		
Category	Professional education subjects		
Class style	Lecture		
Class time	Mon/4		
NO.	Ca21137w		

Professional career-experienced

a course taught by a teacher with practical experience

On practical contents related to class

Languag

using languages other than Japanese

Active learning elements

problem-solving-learning in cooperation with external organizations based on agreements

discussion,debate

group work

presentation

practical training,fieldwork

Class outline,goal

- Understand the developmental and developmental characteristics of body morphology and function from infancy to the elderly
- Understand the relationship between athletic performance and age-related changes and illness

Class plan

1.orientation 2.Newborn and childbirth 3.Development of athletic ability of infants 4.Athletic ability and measurement items 5.Structure of physical fitness 6.Morphological development, functional development 7.Changes in athletic performance structure 8.Women and sports 9.Factors and problems that affect physical development 10.Middle-aged and sports 11.Training for middle-aged and elderly people 12.Lifestyle-related diseases 13.Aging 14.Drinking and smoking 15.Summary
Grading method
final exam
Assigned books
Prepare handouts.
Classroom equipment
Prepare handouts.
Advice on preparation and review
Check the syllabus and review the preparation.
Class rules
The sixth and subsequent absence is not permitted.
Grading Criteria
Your overall grade in the class will be decided based on the following: - Class attendance and attitude in class: 20% - Short reports: 30% - Term-end examination: 50%
Feedback method
The faculty member will correct the report.
Note

Students who are interested in teaching sports, such as training instructors and physical education teachers, should take this class.

Office hour

Tuesday 1 st period

Improvements from the results of the previous year's class evaluation questionnaire

Nothing