

Code	10131		
Class name	Adapted sports		
Semester	2nd	Lecture target	2
Unit Classification	Elective	Unit count	2
Charge teacher	Y.Okazaki		
Category	Professional education subjects		
Class style	Seminar		
Class time	Thu/1		
NO.	Ck22212w		

Professional career-experienced
 a course taught by a teacher with practical experience
 On practical contents related to class

Languag
 using languages other than Japanese

Active learning elements
 problem-solving-learning in cooperation with external organizations based on agreements
 discussion,debate
 group work
 presentation
 practical training,fieldwork

Class outline,goal

In this class, you will experience some of the events after giving a lecture on the transition of adapted sports.
 • Understand that everyone is guaranteed the opportunity to practice sports
 • Understand the role of adapted sports in modern society
 • Recognize the value of various sports activities

Class plan

1. Introduction
- 2.The value and significance of the Paralympics
- 3.Sports for people with disabilities
- 4.Sports in school physical education
- 5.Experience blind sports
- 6.Experience sitting sports
- 7.Experience the boccia
- 8.Experience hornworm rugby
- 9.To make adapted sports
- 10.Inventing adapted sports①

11.Inventing adapted sports②
12.Implementation of devised adapted sports①
13.Implementation of devised adapted sports②
14.Looking back on the creation of adapted sports
15.General overview
Conduct regular tests
Grading method
<ul style="list-style-type: none"> • Explain the basic idea of adapted sports • Explain the basic idea of adapted sportsExplain the transition of adapted sports in Japan based on the influence of the Paralympics • Explain the ideas and points to consider when devising adapted sports • Explain the potential of adapted sports in school education • Can criticize the problems and challenges of adapted sports in modern society
Assigned books
<ul style="list-style-type: none"> • Introduction to Adapted Sports, S.Ueki • Adapted physical education and sports science as a culture, M.Saito
Classroom equipment
<ul style="list-style-type: none"> • PC
Advice on preparation and review
<ul style="list-style-type: none"> • preparation : To research and learn the applicable contents in advance (About 15 minutes) • review:Review mainly the lesson contents and handouts (About 15 minutes)
Class rules
<ul style="list-style-type: none"> • ince there are opportunities for participants to exchange opinions, create materials, and make presentations, those who are uncooperative with these will not be allowed to attend. • Those who aim to become sports instructors and those who have completed the teaching profession are recommended to attend • Prepare an eye mask
Grading Criteria
Your overall grade in the class will be decided based on the following: <ul style="list-style-type: none"> • knowledge : 60% • Thinking power : 20% • Independence / cooperativity : 20%
Feedback method
<ul style="list-style-type: none"> • The submission will be returned with a comment.
Note
<ul style="list-style-type: none"> • Please value the perspective that supports sports.

Office hour
<ul style="list-style-type: none">• Tuesday 1st• Thursday 3rd
Improvements from the results of the previous year's class evaluation questionnaire
<ul style="list-style-type: none">• Encourage them to have plenty of time for preparation and review.