

Code	10152		
Class name	Badminton		
Semester	2nd	Lecture target	2
Unit Classification	Elective	Unit count	1
Charge teacher	Okano Ryosuke		
Category	Professional education subject		
Class style	Practice		
Class time	Fri/1		
NO.	Cd22165w		

Professional career-experienced <input checked="" type="checkbox"/> a course taught by a teacher with practical experience On practical contents related to class
Languag <input checked="" type="checkbox"/> using languages other than Japanese
Active learning elements <input type="checkbox"/> problem-solving-learning in cooperation with external organizations based on agreements <input type="checkbox"/> discussion,debate <input checked="" type="checkbox"/> group work <input type="checkbox"/> presentation <input checked="" type="checkbox"/> practical training,fieldwork

Class outline,goal
The aim of this course is to help students acquire the basic theory and skill of badminton by learning the basal shot of drive, drop and smash, the rule and the method of judgement. In addition, another aim of this course is to help students appreciate the points to consider and the method of staged guidance in the guidance of badminton profoundly.
Class plan
1. Guidance Orientation How to proceed the classes, Method of evaluation 2. Racket work Habituation of shuttle Grip method of grip, Lifting and Rally 3. Theory and practice of basic skill① Drive, drop, clear and so on 4. Theory and practice of basic skill② Hairpin net shot, smash, serve and so on 5. Theory and practice of basic skill improvement① Rule understanding of doubles match 6. Theory and practice of basic skill improvement② Doubles training 7. Theory and practice of basic skill improvement② Doubles match practicing 8. Theory and practice of basic skill application① Alternate drop, alternate smash and doubles match practicing 9. Theory and practice of basic skill application② Doubles match practicing (practice of various tactics)

10. Theory and practice of basic skill application③	Doubles match practicing (application of various tactics)	
11. Practice of basic skill improvement①	Rule understanding of singles match and singles match	
12. Practice of basic skill improvement②	Singles training	
13. Practice of basic skill improvement③	Singles match practicing	
14. Practice of basic skill improvement④	Doubles match practicing	
15. Review and reflection		No final exam
Grading method		
Grading will be decided based on attitude to come to grips with class, skill, knowledge and understanding, and warm-up exercise as a group.		
Assigned books		
Japan Badminton Association: Badminton Textbook basic editing (Baseball Magazine co.,Ltd) Japan Badminton Association: Badminton Textbook advanced editing (Baseball Magazine co.,Ltd)		
Classroom equipment		
None		
Advice on preparation and review		
Confirm the rules before class and tackle with acquiring the skill.		
Class rules		
Late and leaving the class halfway through will be severely prohibited .		
Grading Criteria		
Your final grade will be calculated according to the following process: Attitude to come to grips with class(60%), skill(20%) ,knowlegde and understanding(10%),and warm-up exercise as a group(10%)		
Feedback method		
Your skill will be evaluated and some advice will be sent orally.		
Note		
Late will be severely prohibited. You must refrain from putting your smart phone arbitrarily during class.		
Office hour		
The 2nd period on Friday		
Improvements from the results of the previous year's class evaluation questionnaire		
Technical terms will be explained using easier words than ever		