

Code	10231		
Class name	History of sports and physical education		
Semester	2nd	Lecture target	3
Unit Classification	Elective	Unit count	2
Charge teacher	Takaharu KUNIKI Ph.D.		
Category	Professional education subjects		
Class style	Lecture and Seminar		
Class time	Intensive course		
NO.	Cd31170w		

Professional career-experienced

- a course taught by a teacher with practical experience

On practical contents related to class

Languag

- using languages other than Japanese

Active learning elements

- problem-solving-learning in cooperation with external organizations based on agreements
- discussion,debate
- group work
- presentation
- practical training,fieldwork

Class outline,goal

This class has the following purposes、

What does it mean to choose history?, Why study history now?... This class is,

- 1) to study the history from the outbreak of physical education and sports to the present age chronologically after understanding the significance of studying history.
- 2) to learn about the characteristics of sports in Japan and what kind of historical significance they have, and the history of physical education and the historical transition of club activities.
- 3) after understanding 1) and 2), the purpose is to develop the ability to see the future of physical education and sports.

Class plan

<p>(1) guidance</p> <p>(2) Brief history and periodization of sports history research</p> <p>(3) Origin of sports</p> <p>(4) World sports history(1): Prehistoric sports</p> <p>(5) World sports history(2): Ancient Greek and Roman sports</p> <p>(6) World sports history(3): Medieval sports: Education by sports</p> <p>(7) World sports history(4): The birth of modern sports</p> <p>(8) World sports history(5): Advancement of modern sports</p> <p>(9) History of physical education and sports in Japan(1): Before the Meiji era</p> <p>(10) History of physical education and sports in Japan(2): Meiji and Taisho era</p> <p>(11) History of physical education and sports in Japan(3): After World War II</p> <p>(12) Group work and discussion(1): History of competition</p> <p>(13) Group work and discussion(2): History of tools/equipments</p> <p>(14) Group work and discussion(3): History of competition records</p> <p>(15) Summary of this subject</p>
Grading method
<p>Your final grade will be calculated according to the following process:</p> <p>(1) Attendance, Reports</p> <p>(2) Quality of the students skill</p> <p>(3) Presentation ability</p>
Assigned books
<p>Hiroshi Arai et al. (2012) History of sports and culture</p> <p>Yoshitsugu Kimura et al. (2010) History of sports and physical education</p>
Classroom equipment
Audio teaching materials, video (video / PC / other image materials).
Advice on preparation and review
Check the content of the lecture and read the references and materials (about 45 minutes for preparation and about 45 minutes for review).
Class rules
<ul style="list-style-type: none"> • Strictly prohibited from being late. • No eating or drinking during class.
Grading Criteria
<ul style="list-style-type: none"> • Attendance, Motivation for learning, Report (60/100) • Presentation ability (40/100)
Feedback method
Correspond individually.
Note

This class is active learning that utilizes Internet information.

Office hour

Improvements from the results of the previous year's class evaluation questionnaire

Flexibly handled in accordance with the situation.