Code	10326			
Class name	Child health			
Semester	1st	Lecture target	3	
Unit Classification	Elective	Unit count	2	
Charge teacher	FUJII Noriko			
Category	Professional education subjects			
Class style	Lecture			
Class time	Wed/3			
NO.	Bc31085w、Ck31213w			

Drotoccional	career-experienced
ETOTESSIONAL	

■ a course taught by a teacher with practical experience

On practical contents related to class

I have worked as a public health nurse for 23 years. I have been practicing for 23 years, especially in the field of maternal and child health. Based on this experience, I am able to convey the reality of the field to students.

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using	languages	other	than	Japanese

## Active learning elements

problem-solving-learning in cooperation with
external organizations based on agreements

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group	work
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presentation

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## Class outline, goal

In this class, students will learn about the characteristics of children's health, growth, and development, as well as the characteristics of children's diseases. Students will also learn how to maintain and promote children's physical and mental health, prevent and deal with diseases, and learn about their roles as childcare workers and the roles expected of families and communities in childcare.

# Class plan

- 1. Guidance What is Child Health?
- 2. Pediatric Health and Child Health

Characteristics of children

Health Indicators and Statistics

Child Health and Child Care

3. Physical development and motor function development of children and childcare (1) Concept of children's physical development Assessment of children's physical development 4. Physical development and motor function development of children and childcare (2) Organs and Functional Development of Children Physiological and functional development of children and childcare 5. Physical development and motor function development of children and childcare (3) Factors influencing children's physical and motor development and childcare 6. Children's Mental Development and Childcare (1) Overview of children's mental development 7. Children's Mental Development and Childcare (2) Assessment of children's mental development 8. Children's Mental Development and Childcare (3) Factors influencing children's mental development and childcare 9. Diseases in children and their prevention (1) Health assessment and disease characteristics in childhood

10. Diseases in children and their prevention (2)

Disease prevention

11. Children's Accidents and Safety Measures

Characteristics of accidents involving children

Prevention of accidents

12. Children (Maternal and Child Health) in the Community and Childcare (1)

Significance of maternal and child health

Actual maternal and child health measures

13. Children (Maternal and Child Health) in the Community and Childcare (2)

Role of the family and childcare

Cooperation with regional institutions

14. Child Abuse Prevention

What is abuse?

Abuse prevention in the community

15. Summary of the lecture

Grading method

The goals of this course are to

- (1) understand the changes in the circumstances surrounding children.
- (2) understand the growth and development of children and know how to maintain and improve their physical and mental health.
- (3) understand changes in children's physical condition and diseases to which they are susceptible, and be able to consider the role of childcare workers.

#### Assigned books

Reference books

Children's Health Textbook (Sindan to Chiryousya)[Translated from Japanese.]

Children's Health / Nanami Shobo[Translated from Japanese.]

Classroom equipment

Projector

Handout

Advice on preparation and review

(Preparation) Check the contents of each lecture and read the related books.(about 30 minutes)

(Review) Review the handouts distributed in each class.(about 30 minutes)

There will be homework assignments for students to prepare for and review.

### Class rules

Compulsory subjects for childcare workers

#### **Grading Criteria**

Evaluation will be made from the following two perspectives.

- 1. Test (60/100)
- 2. Report (40/100)

### Feedback method

The assignment reports will be commented and explained in class.

Submitted assignments will be returned to students with comments.

Note

Let's make learning fun for the happiness of many children!

Office hour

None.

Improvements from the results of the previous year's class evaluation questionnaire

None.