

Code	10325		
Class name	Mental health		
Semester	2nd	Lecture target	3
Unit Classification	Elective	Unit count	2
Charge teacher	IMAGAWA Shinpei		
Category	Professional education subjects		
Class style	Lecture		
Class time	Wed/4		
NO.	Bb32049w、 Ec32364w		

Professional career-experienced <input checked="" type="checkbox"/> a course taught by a teacher with practical experience On practical contents related to class The class will be based on my experience working as a social worker in a psychiatric hospital.
Languag <input type="checkbox"/> using languages other than Japanese
Active learning elements <input type="checkbox"/> problem-solving-learning in cooperation with external organizations based on agreements <input type="checkbox"/> discussion,debate <input type="checkbox"/> group work <input type="checkbox"/> presentation <input type="checkbox"/> practical training,fieldwork

Class outline,goal
<p>The purpose of this class is to help students understand the various mental health issues in contemporary Japan, explore the direction of response, and be able to accurately practice the interpersonal assistance required of social workers.</p> <p>In particular, the policies surrounding mental disorders are undergoing major changes. Therefore, we will deepen our study of issues that appear in the course of the human life cycle. These include, for example, issues in the home, school, workplace, and community; individual issues such as dementia, drug and alcohol-related problems, and adolescent measures; and issues that emerge in relation to cultural and social events.</p>
Class plan
1. Orientation Explanation of lecture content and evaluation methods What is "mental health"?

2. Basic Knowledge of Mental Health Overview of Mental Health
3. Mental Health in the Life Cycle 1 Fetal, Infant, and Maternal Mental Health
4. Mental Health in the Life Cycle 2 Mental health in school-age children
5. Mental Health in the Life Cycle 3 Mental Health in my early teens
6. Mental Health in the Life Cycle 4 Mental Health in the Teenage and Adolescent Years
7. Mental Health in the Life Cycle 5 Mental Health in Adulthood
8. Mental Health in the Life Cycle 6 Mental Health in Old Age
9. Terminal Care and Mental Health
10. Alcohol Related Problems The Significance of Self-Help Groups
11. The Problem of Drug Abuse Prevention Measures Drug addiction and its history
12. Mentally handicapped person 1 History of dealing with the mentally disabled
13. Mentally handicapped person 2 Community life support for people with mental disabilities
14. Mentally handicapped person 3 Support Environment Development
15. Summary of the lecture De-institutionalization and community life support
Grading method
The goals of this course are to (1) accurately grasp the issues of the human life cycle and the current situation in a wide range of fields of mental health, medicine, and welfare. (2) develop the ability to think for oneself. (3) be able to put one's thoughts into words and be aware of problems.
Assigned books
Children's Mental Health Textbook, Revised Second Edition by Furuso, Junichi[Translated from Japanese.]
Classroom equipment
PC, Projector

Advice on preparation and review
Be sure to prepare and review for at least 30 minutes according to the lesson plan. If you have any questions, please ask them.
Class rules
This course is compulsory for 4th year students who wish to become certified as child care workers, and elective for 1st to 3rd year students.
Grading Criteria
Evaluation will be based on several reports (40%) and examinations (60%). Please note that you will not be able to take the exam if you have not cleared the number of days of attendance specified in the university regulations. Reports may also be required.
Feedback method
Questions about class content will be handled individually, but the answers will also be shared with the whole class during the lecture.
Note
The goal is not to memorize the content, but to cultivate the ability to think for oneself, to verbalize it, and to become aware of problems. Active participation in lectures is expected.
Office hour
Please come and talk to me in person before or after the lecture. Alternatively, you can ask questions through the online individual contact.
Improvements from the results of the previous year's class evaluation questionnaire
In the class, I plan to use power point presentations and other methods that are easier to understand than in the previous year.