

Code	10113		
Class name	conditioning:coaching method II		
Semester	1st	Lecture target	4
Unit Classification	Elective	Unit count	2
Charge teacher	Takahiro Igawa		
Category	Professional education subjects		
Class style	Seminar		
Class time	Mon/2		
NO.	Ck41218w		

Professional career-experienced <input type="checkbox"/> a course taught by a teacher with practical experience On practical contents related to class
Languag <input type="checkbox"/> using languages other than Japanese
Active learning elements <input type="checkbox"/> problem-solving-learning in cooperation with external organizations based on agreements <input checked="" type="checkbox"/> discussion,debate <input checked="" type="checkbox"/> group work <input checked="" type="checkbox"/> presentation <input type="checkbox"/> practical training,fieldwork

Class outline,goal
<ul style="list-style-type: none"> • Learn how to adjust the condition • Learn about evaluation methods and training planning required for training guidance
Class plan

1.orientation
2.Training programming1
3.Training programming2
4.Evaluation for training program planning 1
5.Evaluation for training program planning 2
6.Evaluation for training program planning 3
7.Training instruction technique 1
8.Training instruction technique 2
9.Training instruction technique 3
10.Training practice 1
11.Training practice 2
12.Training practice 3
13.Training practice 4
14.Training practice 5
15.Training practice 6
Grading method
final exam
Assigned books
Prepare handouts.
Classroom equipment
Prepare handouts.
Advice on preparation and review
Check the syllabus and review the preparation.
Class rules
The sixth and subsequent absence is not permitted.
Grading Criteria
Your overall grade in the class will be decided based on the following: - Class attendance and attitude in class: 20% - reports: 40% - Term-end examination: 40%
Feedback method
The faculty member will correct the report.
Note

Students who are interested in teaching sports, such as training instructors and physical education teachers, should take this class.

Office hour

Tuesday 1 st period

Improvements from the results of the previous year's class evaluation questionnaire

Nothing